



ST. XAVIER'S COLLEGE (AUTONOMOUS)

Re-accredited with 'A+' by NAAC (4th Cycle) | Affiliated to Gujarat University

Best Practice 1

1. Title of the practice

Preservation of academic interest of the students in changing times

2. Objectives

- To prepare students for transition from online to offline teaching-learning
- To modify the examination system so as to reduce stress.

3. The Context

During the academic year 2021-22, in the odd semester, teaching-learning was continued in the blended mode as pandemic-imposed regulations were still in place. However, as conditions improved, the even semester for semester 1 and 5 students was begun in offline mode. This transition was stressful for the students. To ease the burden on the students, reforms in the examination system, were needed.

4. The Practice

Classes were begun in a staggered manner. Odd semester students who wished to join blended learning, needed consent letters from parents. To provide students (who had started attending offline), practice of giving written exams, internal examinations were conducted offline. In the final examination, students were given more choice and the duration of the exam was shortened.

5. Evidence of Success

Because of our sustained efforts, even after the examinations were taken offline, the pass percentage did not see much change when compared with the previous year.

6. Problem Encountered:

We had to take extra measures to build confidence in the students.



Best Practice 2:

1. Title of the practice:

Focus on mental health, social interaction and coping mechanisms in post-covid situation

2. Objectives:

- To ensure mental wellbeing of the students.
- To provide a social interaction platform to the students
- To improve self-awareness amongst the students

3. The context

After the trying times during COVID which we faced in last one and half years due to covid, it was a trying time for students and staff of the institution. Because we were at the stage of SSR submission, it was imperative for us, as an institute, that we come together and work together so as to put our best foot forward. In order to achieve our objective, we started a number of courses which focused on enthusing positivity amongst our students. Our strategy was to start courses of this kind for our students.

4. The Practice:

Several courses were introduced in 2020-21 and continued in the academic year of 2021-22 and were offered as part of the Soft skill and Foundation courses. The new courses introduced were : assertiveness and self-confidence, improving mindfulness and self-awareness, managing conflicts.

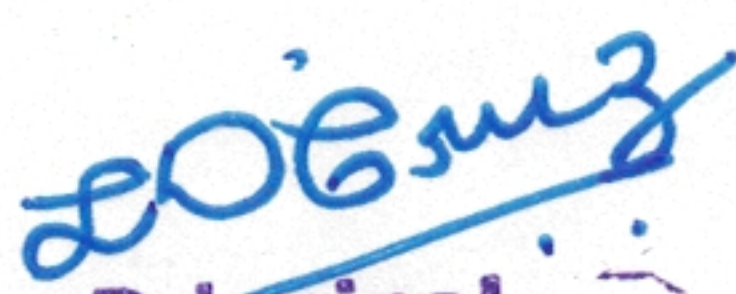
5. Evidence of success:

Students expressed satisfaction with the courses and found them beneficial.

6. Problem encountered:

Students had to be trained for which a special orientation needs to be arranged .




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