



# ST. XAVIER'S COLLEGE (AUTONOMOUS)

Re-accredited with 'A+' by NAAC (4<sup>th</sup> Cycle) | Affiliated to Gujarat University

## VALUE ADDED COURSE SYLLABUS

### Value Added Course: Indian Philosophical Systems

Course Title & Code	Credit Distribution of The Course			Eligibility Criteria	Prerequisite(s) of the Course (if any)
	Lecture	Tutorial	Practical / Practice		
Indian Philosophical Systems	2	0	0	10 + 2 from a recognized board in any stream	Nil

#### I. Learning Objectives

The objective of this course is:

- LO-1. Provides an in-depth exploration of Indian philosophical systems and their ethical implications.
- LO-2. Delves into the rich tapestry of Indian thought, highlighting major philosophical schools and their contributions to ethical theories.
- LO-3. Students will analyze key texts, concepts, and debates that have shaped India's philosophical landscape.

#### II. Course Outcomes

By the end of this course, students will be able to:

- CO-1. Understand the foundational concepts and key tenets of major Indian philosophical systems.
- CO-2. Analyze and compare different ethical theories within the context of Indian philosophy.
- CO-3. Evaluate the cultural, historical, and social factors that influenced the development of Indian philosophical thought.
- CO-4. Apply philosophical insights to contemporary ethical dilemmas, demonstrating critical thinking skills.
- CO-5. Engage in informed discussions about the relevance of Indian philosophical systems in a global context.

### III. Course Content

#### UNIT - 1: Introduction to Indian Philosophical Systems

1. Identify the major schools of Indian philosophy: Nyaya, Vaisheshika, Samkhya, Yoga, Mimamsa, Vedanta, and Buddhism.
2. Trace the historical development and key proponents of each philosophical system.
3. Understand the basic metaphysical, epistemological, and ethical concepts of each school.

#### UNIT - 2: Ethical Theories in Indian Philosophy

1. Examine the ethical theories within different Indian philosophical systems, such as Dharma in Hindu philosophy and the concepts of karma and compassion in Buddhism.
2. Compare and contrast these ethical theories with Western ethical frameworks.
3. Analyze how Indian ethical systems address questions of duty, virtue, and moral responsibility.
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#### UNIT - 3: Debates and Dialogues in Indian Philosophy

1. Explore significant philosophical debates in Indian thought, such as the nature of reality, the existence of the self (atman), and the concept of liberation (moksha).
2. Investigate the interplay between different philosophical systems and how they influenced each other's ideas.
3. Critically evaluate the implications of these debates for ethical thinking.

#### UNIT - 4: Contemporary Relevance and Application

1. Examine how the philosophical insights of Indian traditions can be applied to contemporary ethical challenges.
2. Discuss the influence of Indian philosophical thought on various fields such as environmental ethics, social justice, and global ethics.
3. Reflect on the potential contributions of Indian philosophy to a holistic understanding of human well-being and societal harmony.

### IV. Essential Readings

#### 1. **Vedanta :**

"The Essence of Vedanta: The Ancient Wisdom of Indian Philosophy" by Brian Hodgkinson.

"The Upanishads": Various translations are available, such as those by Eknath Easwaran, Swami Prabhupada, and others.

"Vedanta Treatise: The Eternities" by A. Parthasarathy

2. **Nyaya (Logic):**  
"A Critical Survey of Indian Philosophy" by Chandradhar Sharma (covers Nyaya and other schools)  
"Nyaya Sutras": Translated by Vatsyayana with various commentaries.
3. **Vaisheshika (Atomism):**  
"A History of Indian Philosophy" by Surendranath Dasgupta (covers Vaisheshika and other schools)  
"Vaisheshika Sutras": Translated by Kanada with various commentaries.
4. **Samkhya:**  
"The Samkhya Philosophy" by Swami Sivananda  
"The Samkhya Karika": Translated by James R. Ballantyne
5. **Yoga:**  
"The Yoga Sutras of Patanjali": Various translations and commentaries, such as those by Swami Satchidananda, B.K.S. Iyengar, and others.  
"The Heart of Yoga: Developing a Personal Practice" by T.K.V. Desikachar
6. **Mimamsa (Purva Mimamsa):**  
"The Mimamsa Sutras of Jaimini": Translated by Mohan Lal Sandal  
"Mimamsa Philosophy of Language" by J.N. Mohanty
7. **Vedanta Darsanas (Darshanas):**  
"Six Systems of Indian Philosophy" by F. Max Müller (provides an overview of major schools)  
"Indian Philosophy: A Very Short Introduction" by Sue Hamilton