

St. Xavier's College (Autonomous), Ahmedabad
Syllabus of Semester – I of the following departments under Faculty of Arts
based on Under Graduate Curriculum Framework - 2023 to be implemented
from the Academic Year 2023-24

FACULTY OF ARTS

DEPARTMENT OF PSYCHOLOGY

Course	Title	Content	Hours/week	Credit
Minor-1	Psychology – An introduction-1	U-1: Psychology as a Science U-2: Motivation U-3: Emotion U-4: Attention and Perception	4hrs	4

Minor 1 PS-1101 : Psychology - An introduction - I

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course Title & Code	Credit Distribution of The Course			Eligibility Criteria	Prerequisite(s) of the Course (if any)
	Lecture	Tutorial	Activity/Case study analysis		
PS-1101 Psychology - An introduction -I	4	0	0	10 + 2 from a recognized board in any stream	Basic understanding of Psychological concepts

Learning Objectives

This minor course is designed to provide an understanding of the fundamental aspects of Psychology along with its aims and goals. To equip the students with the concept of motivation. To infer the theory of motivation in order to enhance the quality of life.

Learning Outcomes

- To gain the knowledge of different fields (scope)of Psychology
- To become familiar with historical terms and theories of psychology
- To develop better and healthy perception regarding oneself and understanding
- To be more understand adjustment in day to day life
- To develop better insight into factors of adjustment and marriage

Syllabus of PS-1101

Unit 1 Psychology as a Science

1. Definition & meaning
2. Nature of Psychology
3. Aims and goals of Psychology
4. Branches of Psychology : (i) Theoretical (ii) Applied

Unit 2 Motivation

1. Definition & Nature of Motivation (Motivational Cycles)
2. Primary Motives : Hunger and Thirst
3. Social Motives: Affection and Affiliation
4. Maslow's theory of Motivation

Unit-3 Emotion

1. Definition and nature of emotion
2. Physiological changes during Emotion
3. Measurement of emotion : Polygraph
4. Emotional Intelligence theory : Goleman

Unit 4 Attention and Perception

1. Definition of Attention & perception
2. Determinants of Attention
3. Object Perception : (i) Figure & background (ii) Principles of grouping in perception
4. Depth Perception

Suggested readings:

- Clifford T. Morgan, A Brief Introduction To Psychology, Tata McGraw Hill (1978), Publishing Co. Ltd, New Delhi.
- Ciccarelli, Sandra K. and Myer, Glenn E. (2008), Psychology South Asian Edition Pearson Longman, An imprint of Pearson Education. First Impression.
- Baron R. A. (2000), Psychology; third edition, Prentice Hall of India pvt. Ltd., New Delhi
- George, Lehner and Ella Kube, The Dynamics of Personal Adjustment. Prentice – Hall. Inc. (N.J.)
- Coleman, J.C., Psychology And Effective Behavior, D.B Taraporevala Sons & Co. Bombay.
- *Psychology Of Effective Behavior* Pro. K.N. Shah. University Granth Nirman Board Gujarat Rajya Ahmedabad.
- Weiten W. And Lloyd, M.A. (2007) *Psychology Applied To Modern Life Adjustment In The 21st Century* 8th Edition. United States Thomson Wadsworth.