

St. Xavier's College (Autonomous), Ahmedabad
Syllabus of Semester – I of the following departments under Faculty of Arts
based on Under Graduate Curriculum Framework - 2023 to be implemented
from the Academic Year 2023-24

FACULTY OF ARTS

DEPARTMENT OF PSYCHOLOGY

Course	Title	Content	Hours/week	Credit
SEC	Psychological Assessment -I	U-1: Application of EQ test U-2: Adjustment Test	2hrs	2

Skill Enhancement PS-SEC-1650: Psychological Assessment – I

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course Title & Code	Credit Distribution of The Course			Eligibility Criteria	Prerequisite(s) of the Course (if any)
	Lecture	Tutorial	Activity/Case study analysis		
Psychological Assessment – 1 PS-1650-SEC	2	0	0	10 + 2 from a recognized board in any stream	Basic understanding of Human Psychology and Adjustment, General reasoning and analytical skills

Learning Objectives:

This course is designed to provide an introduction to application and research. It will cover topics like what is Emotional Quotient (EQ) and Adjustment test. The course will also have a range of topics like meaning of Emotional Quotient to getting hands-on understanding of the process of conducting a psychological test, how to go about using a questionnaire, finding and reviewing research literature etc.

Learning Outcomes:

- To learn the importance of adjustment in life.
- To gain knowledge regarding research steps.

Syllabus of PS-SEC-1650

Unit-1: Application of EQ test

1. Introduction of EQ test
2. Administration of EQ test
3. Scoring and Interpretation of EQ test
4. Report Writing

Unit-2: Adjustment Test

1. Process of conducting a psychological test
2. Finding problem for hypothesis
3. Review of Literature
 - a. Case studies
 - b. Articles
 - c. Research papers
 - d. Online/offline books
 - e. Social media

Suggested Readings:

- George, Lehner and Ella Kube, The Dynamics Of Personal Adjustment. Prentice – Hall. Inc. (N.J.)
- Coleman, J.C., Psychology And Effective Behavior, D.B Taraporevala Sons & Co. Bombay.
- Psychology Of Effective Behavior Pro. K.N.Shah. University Granth Nirman Board Gujarat Rajya Ahmedabad.
- Weiten W. And Lloyd, M.A. (2007) Psychology Applied To Modern Life Adjustment In The 21st Century 8th Edition. United States Thomson Wadsworth.
- Clifford T. Morgan, A Brief Introduction To Psychology, Tata McGrawHill (1978), Publishing Co.Ltd, New Delhi.
- Ciccarelli, Sandra K. and Mryer, HlennE.(2008), Psychology South Asian Edition Pearson Longman, An imprint of Pearson Education. First Impression.
- Baron R. A.(2000), Psychology; third edition, Prentice Hall of India pvt. Ltd., New Delhi