

BA. (Hons.) Sanskrit

SNMC 111 C- Shrimad Bhagavad Gita(Chapters 1-6)

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Skill development

Employability

Entrepreneurship

Course Title & Code	Credit Distribution of The Course (Total - 04 Credit)			Eligibility Criteria	Prerequisite(s) of the Course (if any)
	Lecture	Practical	Total		
SNMC 111 C Shrimad Bhagavad Gita (Chapters 1-6)	4	0	4	10 + 2 from a recognized board in any stream	Basic Sanskrit, reading & Analytical Skills

Course Title: Exploring the Bhagavad Gita - Chapters 1 to 6

Learning objectives:

1. To provide a foundational understanding of the Bhagavad Gita, its historical context, and its significance in the Indian philosophical tradition.
2. To delve into the first two chapters of the Bhagavad Gita, focusing on Arjuna's moral dilemma and the concepts of duty (dharma) and selfless action (karma).
3. To explore the paths of yoga outlined in Chapters 3 and 4, including karma yoga, bhakti yoga, and jnana yoga, and their relevance to spiritual growth.
4. To delve into Chapters 5 and 6, focusing on the concepts of self-control, meditation, and the nature of the true self (atman).

Course Outcomes:

1. Understand the historical and cultural context in which the Bhagavad Gita was composed.
2. Identify the key characters and their roles in the Gita's narrative.
3. Explain the importance of the Gita as a philosophical and spiritual text.
4. Analyze Arjuna's psychological and ethical conflict presented in the initial chapters.
5. Explain the significance of duty (dharma) in Hindu philosophy and society.
6. Understand the concept of karma yoga (the path of selfless action) as presented in the Gita.
7. Differentiate between the paths of karma yoga, bhakti yoga, and jnana yoga.

8. Analyze how each path addresses the quest for self-realization and liberation.
9. Discuss the concept of selfless action in relation to spiritual evolution.
10. Explain the teachings on self-discipline and control of the mind presented in Chapter 6.
11. Discuss the significance of detaching oneself from desires and material attachments.
12. Explore the Gita's perspective on the nature of the self (atman) and its relationship to the ultimate reality (Brahman).

By the end of this course, students will have gained a comprehensive understanding of the Bhagavad Gita, its philosophical teachings, and its relevance to contemporary life. They will be able to critically analyze the text's themes, apply its principles to personal growth, and appreciate its enduring impact on spirituality, ethics, and human psychology.

Unit 1: Introduction to the Bhagavad Gita

Unit 2: Arjuna's Dilemma and the Nature of Duty (Chapters 1-2)

Unit 3: Paths of Yoga (Chapters 3-4)

Unit 4: The Science of Self and Mind Control (Chapters 5-6)

Essential Readings:

1. "Bhagavad Gita: The Beloved Lord's Secret Love Song" translated by Graham M. Schweig - This translation provides a comprehensive and accessible interpretation of the Bhagavad Gita, focusing specifically on chapters 1-6.
2. "The Bhagavad Gita" translated by Eknath Easwaran - Easwaran's translation offers a clear and poetic rendering of the text, along with insightful commentary on the teachings.
3. "The Essence of the Bhagavad Gita" by Swami Kriyananda - This book provides a concise and practical exploration of the key teachings from chapters 1-6, offering valuable insights for daily life.

Suggested Readings:

1. "The Bhagavad Gita As It Is" by A.C. Bhaktivedanta Swami Prabhupada - This translation and commentary by the founder of the International Society for Krishna Consciousness (ISKCON) provides a traditional Vaishnava perspective on the Bhagavad Gita.
2. "The Bhagavad Gita: A Walkthrough for Westerners" by Jack Hawley - This book presents the teachings of the Bhagavad Gita in a contemporary and relatable manner, making it accessible for readers from a Western background.
3. "The Heart of Yoga: Developing a Personal Practice" by T.K.V. Desikachar - Although not specifically focused on the Bhagavad Gita, this book explores the practical aspects of yoga, including meditation, which is relevant to the teachings of chapters 5-6.
4. "The Yoga of the Bhagavad Gita" by Sri Swami Satchidananda - This commentary offers an insightful exploration of the yogic principles and practices discussed in the Bhagavad Gita, including those covered in chapters 5-6.
5. "The Bhagavad Gita: A Biography" by Richard H. Davis - This book provides a historical and cultural context for the Bhagavad Gita, offering a deeper understanding of its significance and impact.

Pedagogy:

1. The course is taught with audio video presentation, oral lectures, debate and discussion.

2. Students are encouraged to use resources available on open sources.

BA Sanskrit SEM-1

SNMC 112 C- Abhigyan Shakuntalam of Kalidasa

**CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE
COURSE**

Skill development

Employability

Entrepreneurship

Course Title & Code	Credit Distribution of The Course (Total credit-04)	Prerequisite(s) of the Course (if any)
SNMC 112 C Abhigyan Shakuntalam of Kalidasa	Lecture -4	Literature appreciating Ability.

• **Learning Objectives:**

- LO1. Origin of the Sanskrit Drama and its achievement.
LO2. Dramatist's art in Characterization.
LO3. Evaluating the dramatic art.
LO4. This drama is very ancient but representative of the Indian Culture and Values depicted in it is still relevant.

• **Course Outcomes:**

After completion of this course, the students will be able to

1. Students is able to appreciate the literary work like Sanskrit drama.
2. Students is made aware of the rich heritage of the ancient Indian to the modern world in the field of literature.

3. With the study of this drama the students will develop a sense of stage and thus students may be an entrepreneur.

4. The students may develop his employability in the matter of stage .

5. Students may develop expressing skill on the basis of the thoughts of Kalidasa.

• **Unit:1. (15 -L)**

1. Origin & Development of Sanskrit Drama.
2. Characteristics of Sanskrit Drama
3. Life-Date- Works of Kalidasa
4. Source of Abhigyanashakuntalam
5. Changes Brought about by Kalidasa
6. Significance of the Title
7. 1st Act- Translation of the verses – Reading

8. Discussion on the episodes

• **Unit-2 (15-L)**

1. 2nd Act- Translation of the verses
2. Reading
3. Discussion on the episodes
4. 3rd Act- Translation of the verses
5. Reading
6. Discussion on the episodes

• **Unit -3 (15 L)**

1. 4th Act- Translation of the verses
2. Reading
3. Discussion on the episodes

• **Unit -4 (15 L)**

1. Appreciation of 5th act
2. Appreciation of 6th act
3. Appreciation of 7th act

• **References:**

1. Abhigyan Shakuntalam by Umashankar Joshi
2. Prachin Shaitya by Ravindranath Tagore
3. Sanskrit drama by Keith
4. History of Sanskrit literature by De and Das Gupta.
5. Abhigyan Shakuntalam by Dr.Gutam Patel.
6. Mahakavi Kalidasa by Dr. Gautam Patel.